



केन्द्रीयविद्यालयसंगठन/KENDRIYA VIDYALAYA SANGATHAN
(Min. of HRD, Deptt. of Education, Govt. of India)
18-संस्थागतक्षेत्र/18-Institutional Area
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F.11029/16/2020/KVS(HQ)/Acad
The Deputy Commissioner
Kendriya Vidyalaya Sangathan
All Regional Office

Dated:-06.04.2020

Subject- Mental well- being of students during & after COVID -19 outbreak.

Madam/Sir,

I am to draw your kind attention to the letter of Secretary MHRD (HE&SE&L) dated 04.04.2020 wherein he has expressed his concern about the mental well- being of students during and after COVID – 19 outbreak.

You will appreciate that apart from focus on continuing education through suitable intervention viz -online resources and collaborative portals, for transaction of content in various subjects, it is our utmost duty to ensure the mental well-being of our students . The current scenario may pose various challenges to our students which have to be addressed and attended to , hence it is suggested that following measures may be taken up by all the Vidyalayas :-

- 1) Directions to be given to teachers to start their online session with a pep talk to boost the morale of the students, the session may end with songs like हम होंगे काम्याब , यह वक्त ना ठहरा यह वक्त न ठेहरेगा and the like to keep up their spirits.
- 2) An e-mail ID specially dedicated to Guiding and Counseling is to be created in each Vidyalayas where students can send in their problems and apprehensions .
- 3) 2-3 teachers, possessing good Counseling skills may be identified in all the vidyalayas to address the problem received from the students.
- 4) The teachers who have undergone the Guidance & Counseling course from NCERT may also be roped in for the assignment .
- 5) Assistance of trained counsellor may also be taken if required. Services of counsellors selected to be engaged for the session2020-2021 on part time contractual basis can be taken. In case schools where interviews for Counsellors could not be conducted for the ensuing session then the services counsellor engaged during the session 2019 -2020 may be taken.

It is requested the above information may be communicated to all the vidyalayas for compliance. It is reiterated that all necessary measures are to be taken up to ensure well-being of our students. Action taken in this regard may be sent to this office every week till further orders, in the prescribed format (Annexure-I). The report for the first week of April may be submitted by 09.04.2020 on email Id: acacadkvs@gmail.com

Yours faithfully

(Piya Thakur)
Joint Commissioner I/C (Acad)